



## Ma

Restores the connection with the aspect of the universal mother.

## Mantra:

Ma

## Translation:

Divine, Universal Mother

## More Information:

This mantra is repeated over and over to connect with the essence of the universal mother. Yogi Bhajan tracked the yogi that knew this meditation for three months in the Himalayas and then waited in Gurupranam outside his home for two days to get it.

Language: Gurmukhi

## Albums that feature the mantra:

