



Chattra Chakra Vartee

This mantra is used to remove fear, anxiety and phobias.

Mantra:

Chattra Chakra Vartee, Chattra Chakra Bhugatay,
Suyambhav Subhang Sarab Daa Saraab Jugatay.
Dukaalan Pranasee, Diaalang Saroopay,
Sadaa Ang Sangay, Abhangang Bibhutaay

Translation:

You are pervading in all the four directions, the Enjoyer in all the four directions.
You are self-illuminated, profoundly beautiful, and united with all.
Destroyer of the torments of birth and death, embodiment of mercy.
You are ever within us. You are the everlasting giver of indestructible power.

More Information:

This mantra is taken from the last four lines of Guru Gobind Singh's Jaap Sahib. It is a mantra used to remove fear, anxiety and phobias. It is a mantra to make one experience victory.

Source: Sukhmani Sahib (prayer of peace)
Author: Guru Arjun Dev Ji, Fifth Guru of the Sikhs
Language: Gurmukhi

Albums that feature the mantra:

