



## Ardas Bhaee

Invokes the protective energy of the universe.

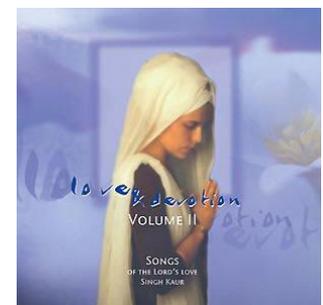
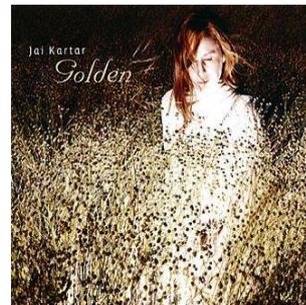
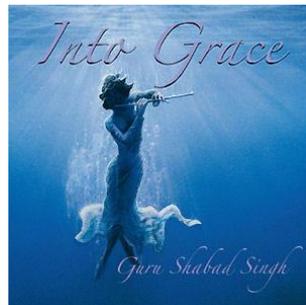
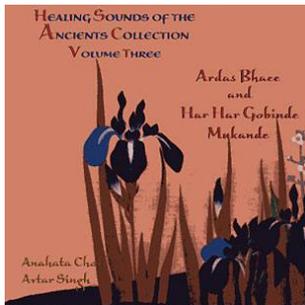
### Mantra:

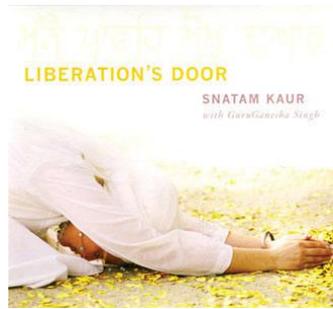
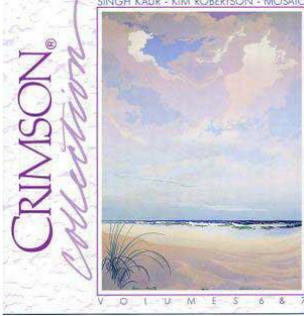
Ardas Bhaee Amar Das Guru,  
 Amar Das Guru, Ardas Bhaee,  
 Ram Das Guru, Ram Das Guru,  
 Ram Das Guru, Sachee Sahee

### Translation:

The prayer has been given to Guru Amar Das.  
 The prayer is manifested by Guru Ram Das.  
 The miracle is complete.

### Albums that feature the mantra:





### More Information:

Guru is that which directs one from (gu) darkness to (ru) light; from ignorance to the experience of one's infinite nature. The Ardas Bahee mantra may be translated, 'The prayer that has been made to Guru Amar Das is guaranteed by Guru Ram Das.' This is the mantra for answered prayers.

Guru Amar Das is the third of the Sikh Gurus. He lived from 1479 to 1574. He is said to embody generosity and equality. Guru Ram Das, his son-in-law, is the fourth of the Sikh Gurus. He lived from 1534 until 1581. He is said to embody humility, loving service and compassion.

Ram means 'servant of the Lord.' If you ask something of Guru Ram Das he has to bring it to God for you. Give your worries to Guru Ram Das and let him take them to God. The God that rotates the earth can certainly take care of your problems!

*"Normally there is no power in the human but the power of prayer. And to do prayer, you have to put your mind and body together and then pray from the soul. Ardas Bahee is a mantra prayer. If you sing it, your mind, body and soul automatically combine and without saying what you want, the need of the life is adjusted. That is the beauty of this prayer."*

Yogi Bhajan

Language: Gurmukhi